Sixty Second Legal Check List

Before the action

- 1) Have a bust card.
- 2) Read the bust card.
- 3) Have the arrestee support number written on you in marker pen, e.g. on your arm.
- 4) Have a buddy who looks out for you and knows who they should and shouldn't contact if you get arrested (e.g. please tell my girlfriend, don't tell my mum).

If you get arrested

- 1) If you have a chance, ring arrestee support as it's happening, or if you think it's about to.
- 2) Have one phone call made on your behalf informing someone of your arrest. We recommend that you ask the custody sergeant to contact NCAFC Arrestee Support. Tell the police that you authorise them to talk to Arrestee Support about you and your welfare, so that we can monitor your welfare and hopefully arrange someone to meet you upon release. We can also then tell your buddy what's going on.
- 3) You have a right to a solicitor: don't just go for the duty solicitor (who tend to be unsympathetic to protesters). Tell the police to contact Bindmans or another solicitor named on the bust card.
- 5) Remain silent. We strongly recommend you answer 'no comment' to all questions and during interviews, for your own benefit and that of others. From the moment you are stopped, everything you say is evidence there is no such thing as a 'friendly chat'. The police are trained to get information out of you, so stay strong. Do not sign any statements.

After you've been arrested

- 1) Hopefully arrestee support will have tried to arrange someone meeting you at the police station on your release.
- 2) But give arrestee support a ring anyway to let us know you're okay, and the outcome of your arrest, e.g. no charge, or released on bail.

If you witness someone being arrested

- 1) Call out to the person 'what name will you give at the station?' (this may or may not be their real name but it means we can keep track of them).
- 2) Make a detailed note of what happened as soon as you can. Include the time and date you made it.
- 3) Call arrestee support and let them know what happened.
- 4) If your buddy is arrested, ring arrestee support, and we can keep you up to date on what's happening to them.